

South Plains College
Department of Physical Education
PHED 1119
Bowling

Instructor: Ryan Heth
Office: Physical Education Building #110
Office Hours: Will Discuss

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Purpose: This course is designed for the beginning bowling student interested in developing the basic fundamentals of bowling. Discussions will cover scoring, rules, bowling terminology, etiquette, and ball selection. Skill instruction will cover stance, approach, release, strikes and spares.

Outcomes:

- Each student will recall the rules, scoring, basic terminology, history, and etiquette needed for understanding the sport of bowling. This objective will be measured by quiz 1 and final exam.
- Each student will demonstrate the ability to manually score a bowling game. This objective will be measured by quiz 2 and final exam.
- Each student will execute proper bowling technique, particularly a four step delivery, strikes and spares. This objective will be measured by observation of the instructor.
- Each student will develop an understanding of the importance of lifelong physical activity and how bowling can be part of this. This objective will be measured by quiz 2 and final exam.

Course Requirements:

- Text: None
- Comfortable/ non-restrictive clothing and appropriate footwear. Students must wear bowling shoes!
- Positive attitude
- Willingness to follow instruction
- Participation in all class activities
- 10 games bowled outside of class time at Whitewood Bowling Lanes due before the final exam. You will be required to pay for these games on your own but there are numerous specials throughout the week that can make this very affordable.

I. Grading Policy

Final grades will be determined as follows:

- 2 Tests @ 75 points each: 150 points
- 1 Final @ 100 points each 100 points
- Attendance @ 50 points 50 points
 - 10 points deducted for each absence. ON your 6th absence you may be dropped from the class.

Total: 300 points

Final Grade	Point Percentage	Point Total
A	90-100%	270-300
B	80-89%	240-269
C	70-79%	210-239
D	60-69%	180-209
F	Below 60%	Below 180

A. Attendance/ participation

(These are subjective evaluations of the instructor.)

- Attendance Records (by instructor)
- Appropriate intensity
- Following instruction
- Proper dress

B. Tests

- Tests given will cover the syllabus, text, lectures, and various articles, and videos.
- If a test is missed, it must be taken the first day you return to class.

D. Final Exam

- The final exam will be comprehensive.

- If you are late to class, depending on the amount of time you are late, I will determine if it will be recorded as a tardy or absence. Two tardies will count as 1 absence. Same rule applies when a student LEAVES CLASS EARLY.
- Drops will be made by the instructor for excessive absences, discipline, and disregard for the class guidelines. It will be the student's responsibility to drop themselves after the administrative drop day.

TWO WEEKS OF CONSECUTIVE ABSENCES = DROPPED FROM THE CLASS. This is a college policy. If you stop coming to class, it is best that you withdraw yourself.

Refer to SPC catalog pg.21

II. Additional Information:

- A. We do not provide towels.
- B. No cell phones! No texting during class! No I Pads or personal computers.
- C. Bowling alley rules must be obeyed as far as drinks are concerned.
- D. Do not eat a heavy meal prior to class.
- E. Use the restroom prior to class.
- F. Hats are allowed.

PHED 1119 Bowling Ryan Heth's personal page.

Tentative Summer Schedule

WK 1- Syllabus, introduction, discuss bowling alley rules, discuss history of bowling, etiquette, ball selection, scoring, begin bowling

WK 2- Quiz 1, Bowling Technique, Strikes and Spares, League Bowling

WK 3- Quiz 2, bowling as a lifetime physical activity, League Bowling

WK 4- League Bowling, Final Exam

I will use the SPC email that was issued to you or the email that you give me on the student information sheet for any correspondence throughout this class. Feel free to call my cell phone, email me, or text me if you need to visit with me since my office is located in Levelland. If you call my office phone and leave a message I will not get it since I do not drive to Levelland in the summer.

Diversity Statement:

In this class, the teacher will establish and support an environment that values and nurtures individual and group differences and encourages engagement and interaction. Understanding and respecting multiple experiences and perspectives will serve to challenge and stimulate all of us to learn about others, about the larger world and about ourselves. By promoting diversity and intellectual exchange, we will not only mirror society as it is, but also model society as it should and can be.

Disabilities Statement:

Students with disabilities, including but not limited to physical, psychiatric, or learning disabilities, who wish to request accommodations in this class should notify the Special Services Office early in the semester so that the appropriate arrangements may be made. In accordance with federal law, a student requesting accommodations must provide acceptable documentation of his/her disability to the Special Services Coordinator. For more information, call or visit the Special Services Office in the Student Services building, 894-9611 ext. 2529.

Campus Concealed Carry –

Texas Senate Bill - 11 (Government Code 411.2031, et al.) authorizes the carrying of a concealed handgun in South Plains College buildings only by persons who have been issued and are in possession of a Texas License to Carry a Handgun. Qualified law enforcement officers or those who are otherwise authorized to carry a concealed handgun in the State of Texas are also permitted to do so. Pursuant to Penal Code (PC) 46.035 and South Plains College policy, license holders may not carry a concealed handgun in restricted locations. For a list of locations, please refer to the SPC policy at:

(http://www.southplainscollege.edu/human_resources/policy_procedure/hhc.php)

Pursuant to PC 46.035, the open carrying of handguns is prohibited on all South Plains College campuses. Report violations to the College Police Department at 806-716-2396 or 9-1-1.

I _____ have read and understand all the information on this syllabus for PHED 1119.

Print name _____

Date _____

Phone # _____

Write your phone number and email legibly!!!!

E-mail _____

Are there any health issues we should be concerned about before you start this program? (circle one)

No

If yes, please explain:

***Sign and complete this form and turn it in to the instructor.**